Nox A1 Equipment Removal Instructions

The morning after the sleep study, all equipment should be removed as instructed below. Please do not disconnect or unplug any cables or the nasal cannula from the Nox A1 device. Any self-adhesive electrodes that become unsnapped from cables during device removal can be discarded in the trash.

1. Finger Pulse Oximeter:
   1. Remove and discard any tape from the hand or finger and remove the oximeter finger probe from the tip of the finger.
   2. Loosen the Velcro wrist strap and remove the Nonin unit from the wrist.
   3. Place the pulse oximeter unit and finger probe into the black Nox Medical carrying bag.
2. Nasal Cannula:
   1. Gently remove and discard the adhesive strips on each cheek that secure the nasal cannula.
   2. Loosen the slider under the chin and remove the nasal cannula tubing from behind the ears.
   3. Remove the nasal cannula from the nose.
3. Respiratory Effort Belts: The respiratory effort belts are held in place by 4 snaps. Remove them as follows:
   1. Unsnap 1 snap of the chest effort belt from the back of the Nox A1 device.
   2. Unsnap 1 snap of the abdominal effort belt from the back of the small black cable around the stomach. The belts can now be removed from around the torso.
4. Forehead Sensors: Taking care not to pull on the flexible black wire, carefully peel each of the 5 self-adhesive sensors from the forehead. They can remain attached to the cable, or the cable can be unsnapped from the sensors first. The self-adhesive sensors can be discarded if they are unsnapped from the cable.
5. Torso Sensors:
   1. Gently peel all 4 self-adhesive sensors from the torso. If you unsnap the self-adhesive sensors from the cables first, discard the sensors.
   2. Pull the two wires that run down through the clothing on the left and right sides of the body up through the clothing until both the left and right wires are outside of the clothing. Please make sure you do not discard the wires.
6. Remove the Neck Bank: Hold the Nox device in one hand to prevent it from dropping. You can either pull the neck band over your head, or gently squeeze one of the silver clamps holding the neck band to release the device from the neck band.
7. Place the Nox device and all attached cables, effort belts, and self-adhesive sensors that remain attached to cables into the Nox Medical carrying case.
8. Return the device to the site as instructed by study staff.