

Frequently Asked Questions

Can I take a bath or swim with Cardea SOLO?

NO! If immersed or saturated in water the recording may stop.

I have an MRI scheduled during my wear period, is that okay?

No! Consult your Study Contact if you need an MRI procedure or have one scheduled during your wear period.

Can I wear Cardea SOLO during diagnostic X-rays?

YES! Cardea SOLO is safe to wear during x-rays, such as dental x-rays, however, consult your Study Contact regarding specific planned x-rays and imaging procedures.

Can I wear Cardea SOLO through airport security?

YES! Cardea SOLO will not interfere with security equipment. Security personnel may inspect the Cardea SOLO area. You will not need a doctor's letter while traveling wearing Cardea SOLO.

What if my sensor falls off before the end of the seven day study?

If the sensor falls off before the end of the seven day study, and you are unable to get it back on, please *write the date and time that the sensor fell off on the outside of the original sensor pouch*. Then, please return sensor in the pre-paid envelope as soon as possible.

My Cardea SOLO hurts, should I keep it on?

NO! If you experience swelling, redness, a rash, tenderness, SEVERE itching or broken skin around or beneath Cardea SOLO, immediately remove and consult your Study Contact as soon as possible for instructions.



CONTACT

Ask your Study Contact about any questions or concerns about wearing Cardea SOLO:

Contact Name

Telephone Number

All About Cardea SOLO™

Helpful tips for a successful ECG recording



 CARDEA SOLO™



Tips for Wearing Cardea SOLO



AVOID showering during the first 24 hours



Take brief showers, facing away from the stream.



No lotions, oils or powders around Cardea SOLO



Press the marker button to note if you experience something stressful



Avoid any activity that would cause excessive sweating.

Cardea SOLO does not remotely monitor or transmit your heart rhythm.

Consult your Study Contact with any questions or concerns about wearing this study device.

If you are experiencing a medical emergency, dial 911.

Removing Cardea SOLO

You can remove the sensor after your 7th and final phone survey.

Please remove heart monitor on:

after

Date

Time of phone survey

1. Wash and dry hands thoroughly.
2. Remove the adhesive remover pad.



TIP: You can also use petroleum jelly (Vaseline®) or baby oil.

3. Use the Adhesive Remover Pad to wipe around the edges of the SOLO Sensor. Gently lift and slowly peel the SOLO Sensor from your skin. Hold your skin down with your opposite hand to avoid skin injury.



4. Cleanse skin with mild soap and water to remove any remaining adhesive.
5. It is normal to have slight redness and odor on your skin after removal. It should disappear after a few days. If redness with itchiness continues or gets worse, or if you have any concerns about your skin's appearance or condition, contact: FIELD CENTER phone #



Returning Cardea SOLO

1. After removing the SOLO Sensor, fold the two wings together under the middle.



2. Insert your folded SOLO Sensor back in its original Pouch and re-seal.
3. Place the Pouch into the pre-paid, pre-addressed **US Postal Service Mailing Envelope**. Put the envelope in any US Postal Service blue mailbox or give it to your postman.

