MESA Anthropometry Certification / Supervisor / Site Visit Checklist

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| **DATE:** |  |  |  | |  | |  | **Field Center:** |  | | | | |
|  | **mo** |  | **day** | |  | | **year** |  |  | | | | |
|  |  |  |  | |  | |  | **Technician: Name/ID** |  | | | | |
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|  |  |  |  | |  | |  | **Supervisor:** |  | | | | |
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| **Purpose of Evaluation:** | | | | | | | | | | | | | |
| **Certification** | | | |  | | **Supervisor QC Check** | | | |  | **Site Visit** |  |  |
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Please check the appropriate box if technician performance is satisfactory for each line item. Please note any comments or remedial action taken in ‘Comments’ section if performance was not satisfactory.

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|  | **S** | **U** |  | | | |
| 1. |  |  | Thoroughly explains the procedure to the participant. | | | |
| 2. |  |  | Insures the participant is wearing light gowns or scrubs. | | | |
| 3. |  |  | Gives instruction for the proper position to measure height. | | | |
| 4. |  |  | Reads and records the height measurement to the nearest 0.1 cm. | | | |
| 5. |  |  | Gives instruction to measure the weight. | | | |
| 6. |  |  | Reads and records the weight measurement to the nearest 0.5 lb. | | | |
| 7. |  |  | Locates the exact marking for the waist measurement. | | | |
| 8. |  |  | Reads and records the waist measurement to the nearest 0.1 cm. | | | |
| 9. |  |  | Locates the exact marking for the hip measurement. | | | |
| 10. |  |  | Reads and records the hip measurement to the nearest 0.1 cm. | | | |
| 11. |  |  | Locates the exact marking for the neck circumference measurement. | | | |
| 12. |  |  | Reads and records the neck circumference measurement to the nearest 0.1 cm. | | | |
| **Comments:** | | | |  | | |
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| **Corrective Action Taken:** | | | | |  | |
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| ***Supervisor / Site Visitor Signature*** | | | | | |  |
| when certifying new Technician - SEND COPY TO CC | | | | | | |