



Participant ID #:

Acrostic:

Date:   /   /

Month Day Year

## MESA Follow-up Phone Call 21: General Health Supplement

### Internet Use and Fitness Devices

1. Do you have access to the Internet?

- Yes →
- No

Would you be willing to use the Internet for collection of MESA data?

- Yes
- No
- Maybe

2. Do you have a computing device such as a smartphone, laptop, desktop, tablet, iPad, Kindle Fire, or similar device?

- Yes →
- No

What kind of device is it? (*choose all that apply*)

- iPhone
- Android Phone
- Other data/smart phone: \_\_\_\_\_
- Laptop computer
- Desktop computer
- iPad
- Kindle Fire
- Other tablet: \_\_\_\_\_

Would you be willing to use this device for collection of MESA data?

- Yes
- No
- Maybe



## MESA Follow-up Phone Call 21: General Health Supplement

### Fitness Devices

3. Do you have a fitness tracker such as a Fitbit, Apple Watch, or similar device?

- Yes →
- No

What kind of fitness device do you have?

- Fitbit
- Apple Watch
- Other: \_\_\_\_\_

Do you use your device to monitor your activity or health information?

- Yes →
  - No
- Do you have a daily step goal?

- Yes →
- No

What is your daily step goal?

\_\_\_\_\_ steps

### Pet Ownership

Now we'd like to ask you a few questions about your pets. For these questions we need you to think back over the past 20 years, since the start of MESA in 2000.

4. Have you owned a pet since MESA started in 2000?

- Yes
- No → **End survey**



## MESA Follow-up Phone Call 21: General Health Supplement

5. What type of pets have you owned since MESA started in 2000? *(Select all that apply)*

- Cat
- Dog
- Other: \_\_\_\_\_

**If cat:**

Since MESA started in 2000, for how many years have you been a cat owner? \_\_\_\_\_

Are you currently a cat owner?

- Yes
- No \_\_\_\_\_ → What year did you last own a cat? \_\_\_\_\_

**If dog:**

Since MESA started in 2000, for how many years have you been a dog owner? \_\_\_\_\_

Are you currently a dog owner?

- Yes
- No \_\_\_\_\_ → What year did you last own a dog? \_\_\_\_\_

In a typical week how often did you walk your dog(s)?

Days/Week (1-7): \_\_\_\_\_ Minutes/Day: \_\_\_\_\_  Did not walk the dog weekly

**If other:**

Since MESA started in 2000, for how many years have you owned [other type of pet]? \_\_\_\_\_

Do you currently still own [other type of pet]?

- Yes
- No \_\_\_\_\_ → What year did you last own [other type of pet]? \_\_\_\_\_