

**Multi-Ethnic Study of Atherosclerosis
Exam 3**



Seated Blood Pressure

Participant Id#:

Acrostic:

bpdt3

Date:

 / /
 / /

Month

Day

Year

Dinamap number:

dmapnum3

1 Arm circumference:
(To nearest 0.1 cm)

armcm3

cm

2 Cuff size:

Cuff on upper arm

OR

Cuff on forearm

Small Adult (17-25cm)

Adult (25.1-33cm)

Large Adult (33.1-40cm)

Thigh (40.1-50cm)

Adult
(25.1-33cm)

Cuffre3

Large Adult
(33.1-40cm)

cuffsz3

Seated Blood Pressure

3 First reading:

SBP

DBP

Pulse

Record time of day

Record in military time (i.e 5pm = 17:00)

4 Second reading:

SBP

DBP

Pulse

5 Third reading:

SBP

DBP

Pulse

rmtempf3

6 Room Temperature:

Fahrenheit

Alerts and Referrals

Use the mean of the second and third blood pressure measurements for alerts and follow the criteria below:

Blood Pressure Values

- Systolic blood pressure greater than 210mmHg
OR
Diastolic blood pressure greater than 120mmHg

Action

- Immediate referral to a health care provider
- Referral to a health care provider within one week
- Requires follow-up within two months

For MESA Field Center Use Only

Compute means from
2nd and 3rd readings

Mean SBP _____

Mean DBP _____

Technician ID#:

Data Entry ID#:

Reviewer ID#: