Multi-Ethnic Study of Atherosclerosis Exam 2



Seated Blood Pressure

Idno Participant Id#:

> Acrostic Acrostic:

bpdt2 Date: Month Day Year

Dinamap number: dmapnum2

- Arm circumference: (To nearest 0.1 cm)

2 Cuff size:

cuffsz2

- Cufffre2
- 1 O Small Adult (17-25cm)

2 O Adult (25.1-33cm)

- (25.1-33cm)
- 3 **O** Large Adult (33.1-40cm)
- Large Adult 2 O Thigh (40.1-50cm) (33.1-40cm)

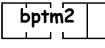
Seated Blood Pressure

First reading:

SBP

DBP

Record time of day



Record in military time (i.e 5pm = 17:00)

Second reading:

SBP

DBP

Third reading:

SBP

DBP d3bp2 RoomTemperature:

ı ahrenheit

Alerts and Referrals

Use the mean of the second and third blood pressure measurements for alerts and follow the criteria below:

Blood Pressure Values

1. Systolic blood pressure greater than 210mmHg

Diastolic blood pressure greater than 120mmHg

- Action
- 1. Immediate referral to a health care provider
- 2. Systolic blood pressure of 180-210mmHg OR Diastolic blood pressure of 110-120mmHg
- Referral to a health care provider within one week
- Blood pressure greater than 140/90mmHg
- Requires follow-up within two months

For MESA Field Center Use Only

Compute means from 2nd and 3rd readings

Mean SBP ___ __

Mean DBP

Technician ID#:

bptid2

Data Entry ID#: bpdid2

Reviewer ID#:

bprid2