

**Multi-Ethnic Study of Atherosclerosis**

Follow-up Phone Call 4



**General Health**

**Participant Id#:**

**Acrostic:**

**Date:**   /   /      
Month Day Year

**INTRODUCTION**

Hello, my name is *interviewer name*, and I'm calling to follow up with *participant name* about MESA, a medical study in which s/he is currently enrolled. Is s/he available?

**If no** → When would it be convenient to call back? \_\_\_\_\_ Thank you. I will call again.

**If yes** → Hello, *participant name*, this is *interviewer name* with the MESA study. I'm calling to see how you have been since we last saw you and update our MESA records. Do you have a few minutes to speak on the phone?

**If no** → When would it be convenient to call back?  
Thank you. I will call again. \_\_\_\_\_

**If Yes** → We'd like to gather information about your general health and about specific medical conditions that you may have had since our last telephone interview with you. I will ask you some questions about your health since the last time we had a telephone interview with you on \_\_\_\_\_. I want you to focus on what happened from \_\_\_\_\_ (date of last Follow-up Call) until today.

**Go to Question 1.**

**1.** Would you say, in general, your health is (**read all response categories except Unsure**)

- Excellent
- Very Good
- Good
- Fair
- Poor
- Unsure

**2.** Since our last telephone interview with you on \_\_\_\_\_ have you had any of the following symptoms (**read each symptom**)?

	Yes	No	Unsure
Discomfort or pain in your chest	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shortness of breath	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pain in your legs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**3.** Since our last telephone interview with you, have you at any time seen a doctor or other health care professional? (Circle answer)

Yes No

Since our last telephone interview with you, have you had an overnight stay in a hospital or nursing home? (Circle answer)

Yes No

**Did the participant answer 'Yes' to either part of Question 3 (seen a health professional or overnight stay)?**

Yes  
↓  
**Go to Question 4.**

No  
 Unsure  
↓  
**Skip to "END"**

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4a. Has your doctor or health care professional told you that you had one of the following since our last telephone interview with you?

(Read each diagnosis.)		Yes	No	Unsure
<b>High Blood Pressure</b>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>If Yes:</b>	Was this a new diagnosis since our last contact with you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Diabetes</b>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>If Yes:</b>	Was this a new diagnosis since our last contact with you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>High Cholesterol Level</b>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>If Yes:</b>	Was this a new diagnosis since our last contact with you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**If Yes to any item in Question 4a → Go to Question 4b.**  
**If No or Unsure to all items in Question 4a → Go to Question 5.**

4b. Did the doctor recommend any new or different treatments?

- Yes → What treatments were recommended?  
 (Do not prompt for specific responses. Mark all that apply.)
- No  
 Unsure  
 ↓  
**Go to Question 5.**

Start new medicine  
 Increase dose of existing medicine  
 Advice to lose weight  
 Advice to change diet (low fat, low salt, etc.)  
 Advice to stop smoking  
 Advice to increase exercise  
 Other, specify:   
 Unsure

5. Since our last telephone interview with you, has a doctor or health care professional told you that you had any of the following

	Yes	No	Unsure
A myocardial infarction or heart attack -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Angina pectoris or chest pain due to heart disease -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heart failure or congestive heart failure -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Peripheral vascular disease, intermittent claudication or pain in your legs from a blockage of the arteries -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Atrial fibrillation -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deep vein thrombosis or blood clots in your legs -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A transient ischemic attack (TIA) or mini-stroke -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A stroke -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Blockage in the carotid artery -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lung abnormality or nodule -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cancer -----	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Complete "Specific Medical Conditions" form for each item with a Yes response.

# Follow-up Phone Call 4 -- General Health Page 3

6. Since our last telephone interview with you, have you had *any other condition* that resulted in an ...

	Yes	No	Unsure
Overnight Hospital stay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overnight Stay at a nursing home or rehabilitation center	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Complete "Other Admissions" form for each item with a Yes response.

7. Since our last telephone interview with you, have you had any of the following tests or procedures in or out of the hospital?

(read each procedure):

	Yes	No	Unsure
Exercise treadmill or bicycle test .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coronary angiography or heart catheterization .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Echocardiogram .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
An angioplasty procedure to open up arteries to your heart .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coronary bypass surgery .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
An angioplasty procedure to open up arteries in either of your legs ..	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Carotid ultrasound or carotid angiogram .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chest x-ray, a chest CAT scan, MRI, or other study to assess any findings in your chest .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other diagnostic procedure or surgery related to your heart or blood vessels .....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Complete "Specific Medical Procedures" form for each item with a Yes response.

**END:** Thank you so much for answering these questions. When would it be most convenient to schedule your third visit? It will take about 3 hours and will include health interviews, a brief physical examination, blood tests, and a urine test. Half of the participants repeated the CT scan in Exam 2, and the rest will have it during this third examination.

**Date:**  /  /  **Time:**  :   M

Month                  Day                  Year

Thank you so much for talking with me today. We greatly appreciate your participation in MESA. Should you have any questions, please feel free to call us at the clinic at *telephone number*. Before we hang up, I'd just like to make sure our records are up to date. Could you please tell me if the following information I have is still correct?

Go to "Participant Tracking" form and verify the tracking information that appears in the left-hand column.

Interviewer ID <input style="width: 50px;" type="text"/>	Reviewer ID <input style="width: 50px;" type="text"/>	Data Entry ID <input style="width: 50px;" type="text"/>
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