

Multi-Ethnic Study of Atherosclerosis  
Follow-up Phone Call 13



General Health

Participant Id#:

Acrostic:

Date:

Month

Day

Year

INTRODUCTION

Hello, my name is [interviewer name], and I'm calling to speak with [participant name]. Is [participant name] available?

If no → When would it be convenient to call back? \_\_\_\_\_ Thank you. I will call again.

If yes → Hello, [participant name], this is [interviewer name] with the [MESA/MESA Air] Study. I'm calling to see how you have been since our last telephone interview with you and update our [MESA/MESA Air] records. Do you have a few minutes to speak on the phone?

If No → When would it be convenient to call back? \_\_\_\_\_  
Thank you. I will call again.

If Yes → We'd like to ask you some questions about your general health and specific medical conditions since our last telephone interview with you on \_\_\_\_\_. I realize that we have asked you some of these questions several times, but learning about changes in your health is very important in helping us understand more about the causes of heart disease and stroke and how these diseases may be related to other things in your life.

Go to Question 1

1 Would you say, in general, your health is (read all response categories except Unsure)

- Excellent       Good       Poor  
 Very Good       Fair       Unsure

2 Since our last telephone interview with you, have you at any time seen a doctor or other health care professional?  
**Optional:** A 'health care professional' is a doctor, nurse, nurse practitioner, or other certified specialist working in a clinic, hospital, or ambulance. This person may also be a practitioner of non-Western medicine (e.g. An acupuncturist or Asian herbalist) but should not include chiropractors, exercise instructors, or diet coaches.

(Circle answer)

- Yes       No

Since our last telephone interview with you, have you had an overnight stay in a hospital or nursing home?

(Circle answer)

- Yes       No

Did the participant answer 'Yes' to either part of Question 2 (seen a health professional or overnight stay)?

Yes  
↓  
Go to Question 3

No  
 Unsure  
↓  
Skip to Question 7

3a Has your doctor or health care professional told you that you had diabetes?

- Unsure (Go to question 3b)
- No (Go to question 3b)
- Yes → If Yes to Diabetes :

Is this a new diagnosis since our last telephone interview with you?

- Unsure
- No
- Yes

Are you currently taking medicine for your diabetes?

- Unsure (Go to question 3b)
- No (Go to question 3b)
- Yes → If Yes to medicine :

What kind of medicine are you taking for your diabetes?

- Pills
- Insulin
- Insulin and Pills
- Other injection

**If Yes to insulin :** At what age did you begin taking insulin?

Age   Unsure

3b Has your doctor or health care professional told you that you had one of the following since our last telephone interview with you? (Read each diagnosis.)

	Yes	No	Unsure
High Blood Pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>If Yes:</b> Was this a new diagnosis since our last contact with you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High Cholesterol Level	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>If Yes:</b> Was this a new diagnosis since our last contact with you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4 Since our last telephone interview with you, has a doctor or health care professional told you that you had any of the following? (read each diagnosis):

	Yes	No	Unsure
A myocardial infarction or heart attack	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Angina pectoris or chest pain due to heart disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heart failure or congestive heart failure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Peripheral vascular disease, intermittent claudication or pain in your legs from a blockage of the arteries	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Atrial fibrillation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Deep vein thrombosis or blood clots in your legs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A transient ischemic attack (TIA) or mini-stroke	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A stroke	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Blockage in the carotid artery	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lung abnormality or nodule	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Complete "Specific Medical Conditions" form for each item with a Yes response.

5 Since our last telephone interview with you, have you had any other condition that resulted in an:

	Yes	No	Unsure
Overnight Hospital stay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overnight Stay at a nursing home or rehabilitation center	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Complete "Other Admissions" form for each item with a Yes response.

6 Since our last telephone interview with you, have you had any of the following tests or procedures in or out of the hospital? (read each procedure):

	Yes	No	Unsure
An angioplasty procedure or stent to open up arteries to your heart	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coronary bypass surgery	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
An angioplasty procedure or stent to open up arteries in either of your legs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Complete "Specific Medical Procedures" form for each item with a Yes response.

7 Which of the following best describes your current smoking status?

- Never smoked → **Skip to Question 10**
- Former smoker, quit more than 1 year ago → **Skip to Question 10**
- Former smoker, quit less than 1 year ago
- Current smoker
- Don't know

8 Have you smoked cigarettes during the last 30 days?

- Yes
- No → **Skip to question 10**

9 On average, about how many cigarettes a day do you smoke?

--	--	--

- |   | Yes                   | No                    | Don't Know            |
|---|-----------------------|-----------------------|-----------------------|
| 10 When walking on level ground, do you get more breathless than people your own age?                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11 When walking up hills or stairs, do you get more breathless than people your own age?                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12 Do you ever have to stop walking because of breathlessness?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 13 Since your last follow up phone call have you had swelling of your feet or ankles?                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>If Yes</b> → Did it tend to come on during the day and go down overnight?                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 14 Since your last follow up phone call have you had to sleep on two or more pillows to help you breathe? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15 Are you taking aspirin on a regular basis?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>If Yes</b> → How many days a week? <input type="text"/>  |                       |                       |                       |
| 16 Are you taking a medication for cholesterol on a regular basis?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**Reproductive History WOMEN ONLY -- MEN are finished with this questionnaire**

- 17 Since your last follow up call, have you taken hormone replacement therapy?
- No** → **Questionnaire Completed**
- Yes** →
- a. Are you currently using hormone replacement therapy?
- Yes** → At what age did you begin?
- No** → At what ages did you take hormones?      Age started        Age stopped
- b. Which type of therapy were you on?
- Estrogen alone (like Premarin or Estratab)
- Estrogen with progestin (like Provera)
- Other types of hormone replacement therapy
- Specify:

I'd next like to make sure our records are up to date. Could you please tell me if the following information I have is still correct?

**Go to "Participant Tracking" form and verify the tracking information that appears in the left-hand column.**

**This participant is enrolled in MESA Air: After completing the Participant Tracking Form, administer the " MESA Air Questionnaire" and then continue to End on General Health.**

**This participant is not enrolled in MESA Air: Continue to End**

**END:** Thank you so much for talking with me today. We greatly appreciate your participation in [MESA/MESAAir]. Should you have any questions, please feel free to call us at the clinic at [clinic phone number].

For MESA Field Center Use Only:			Data Collection Method: <input type="radio"/> <b>Computer</b> <input type="radio"/> <b>Paper</b>		
Interviewer ID:	<input type="text"/>	Reviewer ID:	<input type="text"/>	Data Entry	<input type="text"/>